# TRAINED NURSE GIRL

After Years of Experience, Advises Women in Regard to Their Health.

Mariba

Pohlman

Mrs. Martha Pohlman f 55 Chester Avenue, lewark, N. J., who is a raduate Nurse from the lockley Training School, t Philadelphia, and for ix years Chief Clinic furse at the Philadelphia ospital, writes the letter rinted below. She has he advantage of personal experience, besides her professional education, and what she has to say may be absolutely relied

Many other women are flicted as she was. They an regain health in the ame way. It is prudent o heed such advice from such a source. Mrs. Pohlman writes:

"I am firmly persuaded, after eight years of experience with Lydia E. Pinkham's Vegetable Compound, that it at the safest and best medicine or any suffering woman to

or any suffering woman to ase."

"Immediately after my marriage I found that my bealth began to fail me. I beaume weak and pals, with overe bearing-down pains, fearful backnohes and frequent dissy spelis. The doctors prescribed for me, yet I did not improve. I would bloat after eating, and frequently become nauseated. I had pains down through my limbs so I could hardly walk. It was as bad a case of female trouble as I have ever known. Lydia E. Pinkham's Vegotable Compound, however, cured me within four months. Since that time I have had occasion to recommend it to a number of patients suffering from all forms of female difficulties, and I find that while it is considered unprofessional to recommend a patent medicine, I can honestly recommend Lydia E. Pinkham's Vegetable Compound, for I have found that it cures female ills, where all other medicine fails. It is a grand medicine for sick women." a grand medicine for sick women."

Money cannot buy such testimony as this-merit alone can produce such results, and the ablest specialists now agree that Lydia B. Pinkham's Vegetable Compound is the most universally successful remedy for all female diseases known to medicine.

When women are troubled with irregular, suppressed or painful periods, weakness, displacement or ulceration of the female organs, that bearingtion, or are beset with such symptoms of cases just like yours. Her advice as dizziness, faintness, lassitude, excita- is strictly confidential.

and hopelessness, they should remember there is one tried and true remedy. Lydia E. Finkham's Vegetable Compound at once removes such troubles.

No other female medicine in the
world has received such widespread and unqualified endorsement. The needless suffering of women from

bility, irritability, nervousness, sleep-lessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues

diseases peculiar to their sex is terrible to see. The money which they pay to doctors who do not help them is an enormous waste. The pain is cured and the money is saved by Lydin E.

Pinkham's Vegetable Compound.

It is well for women who are ill to write Mrs. Pinkham, at Lynn, Mass. The present Mrs. Pinkham is the daughter-in-law of Lydis E. Pinkham, her assistant for many years before her decease, and for twenty five years since her advice has been freely given down feeling, inflammation, backache, bloating (or flatulence), general debilience, which covers many years, she ty, indigestion, and nervous prostre- has probably had to deal with dozens

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fall.

Tennessee Royal Arcanum.

sted. Grand Regent E. E. Francis Memphis is presiding. The local ges of the Royal Areanum have de extensive preparations for the

Texas Independence Day.

on the banks of the Brazos river, the students.

in 1836, was observed here today in the Knoxville, Tenn., March 21 .- The usual manner. The celebration is of a hero with great enthusiasm. rand Council of Tennessee, Royal Ar- rather quiet character. Most business inm, opened its annual session here houses were closed at least half of the held at Saltillo and other cities in the day. The attendance is very large day and at all schools patriotic celed every lodge in the state is repres brations will be held in the afternoon.

### Commencement at Carlisle School.

ertainment of the members of the day for the annual commencement of and council and a number of social the Indian Industrial school. The comenctions have been arranged in their mencement will last two days and the unveiled on the Plaza de in Libertad. Music Studio,-Frank E. Churchill, program will be practically the same The monument, which faces the custom as last year. It had originally been in house, is quite imposing. Galveston, March 21,-The anniver- mercement to some later date in May colebrated this evening with a large sary of the signing of the Texas De or June, but no change was made, al meeting at the Teatro de los Heroes. caration of Independence, which was though it may be made for next year. Governor Creek will be present and at read under a grove of spreading There will be very little oratory, but Lie. Jesus Urueto, the famous orator, e oak trees at the village of Colum-, an interesting display of the work of will deliver the principal address. In



## BURNED TO DEATH

While attempting to start a fire with terosene Monday morning, Victoria Peterson, a 14-year-old girl employed For Sale-A horse, weight 1350. En as a domestic at the Missouri hotel at Troutdale, was frightfully burned, She was removed to Good Samaritan hos pital, Portland, where she died at 12:45 For Sale,-160 scree, in grain, or will Tuesday afternoon,

The girl had built a fire which almost went out, and she was trying to revive the flames. Unable to do so by fanning it and other means, she seized a gallon can of kerosene and poured the oil upon the fire.

Instantly there was an explosion which blew out the bottom of the can For Sale,-Dry second growth fir, \$3.50 and the burning oil spread over the girl. She was enveloped in flames in an instant. She rushed screaming from the room, but her efforts to escape them only aided the flames. Her clothing was burned from her body.

Persons in the house who had heard her screams went to the girl's rescue and succeeded in extinguishing the fire. However, they were too late to prevent fatal injuries to the girl, whose fiesh was almost roasted. She is also said to have inhaled the flames.

o'clock, and the girl was taken to Portland on the first train. She was emoved at once to Good Samaritan cospital, where every effort was exrted to alleviate her sufferings.

The girl was employed at the hotel wait upon the tables, build fires and perform other duties. Her father is a armer and lives two miles from Troutlule. Her mother is dead. The Missouri hotel is conducted by Mrs. Chas.

Centennial of Juarez Observed.

Mexico City, March 21.-The centerial of the birth of Benito Juarez, the great Mexican statesman and liberator, a celebrated throughout Mexico today on an unusually large scale. In compliance with a decree promulgated by President Diaz, the day is generally observed as a legal holiday. Throughout the country all business is at rest and the people are giving themselves up to the colebration of the national

Especially grand celebrations are State of Conhulia. In Monelova a bust of Juarez was unveiled in one of the public plazas. In Sabinas several patriotic organizations have arranged for an elaborate celebration of the day and Carlisle, Pa., March 21,-This is the the erection of a monument in honor of

In Tempico a statue of Juarez was

tended to change the date of the com- In Chihuahua the anniversary will be the afternoon a fine bronze statue of Juarez will be unveiled on Juarez street.

> In Ciudad Juarez, across the Ric Grand from El Paso, where the great potriot made his headquarters for several years while he was virtually in exile, hiding with a small band of folowers in a wretched shack, where the postoffice now stands, the citizens have made special efforts to celebrate the lay in an appropriate way and an clais erate program has been prepared for the occasion.

> Banner Year for New Jersey Masons Trenton, N. J., March 21,-The 119ti annual communication of the Grand Lodge of Free and Accepted Mason of New Jersey will open here today at the Masonic Temple. In connection with this communication the Grand Chapter, Royal Arch Masons, will hold its annual convention here.

> The reports to be presented at the grand lodge meeting will show that during the past Masonic year the Masons of New Jersey have made the greatest progress in their kistory. At the last annual communication of the grand Iodge, in 1905, the membership in the state was found to be 25,000 and the increase during the past twelve months has been about 2,000. In finances too large advances have been made, and it will be shown at the convention that the fiscal condition of the order in New Jersey is better that it has ever been.

> Excepting the regular routine work of the annual communications, the clostion of officers, reports of committees, etc., no matters of great importance will come up for consideration.

> > Another Filing.

T. P. Hayes, of Woodburn, filed Tuesday his list of petitioners and becomes Democratic candidate for the office of committeeman from Woodburn precinct.

FOR BALE.

other purposes. Phone 464X.

3-12-1m\*

quire at O. J. Runcorn, 21st and Trade streets, Salem, Ore. 3-19-3t\*

cut up into 40-acre tracts. Address M. I. Capps, Capital Improvement Co. 299 Front street. 1-13-1m

For Sale.-DeLaval separator, nearly new. Bought for \$90, will sell for \$50 cash. Inquire of A. W. Nusom, Gervais, Route 2, or phone Parm 59.

per cord, delivered. Also Jumbo stump puller, in first class condition. Inquire of Louis Lachmund & Co. corner of State and Commercial streets. Phone Main 72. 1-16-1m

For Sale,-Marion Park home, Salem, Oregon, close to business center; fine view of Marion Square and the Willamette river. Space for three or four houses. Chenp, \$3500. Address At Your Stepmother's-She can steam E. M. Flenny, route 2, Gervuis, Or. 3-15-1wk.

The accident occurred shortly after For Sale or Rent .- A good six-room cottage, two lots, barn and woodshed, well located on Winter street. Also Logan berry plants for sale, Apply to Conrad Dillman, 411 State 3-16-1w

> Hop Land for Sale .- 310 acres, most ly good hop land; 200 farm land, balance timber and pasture, well improved throughout; price \$42 per acre, \$2500 cash, balance at 6 per cent. 120 acres 1 mile from Browns ville . 41/2 acres in fine hops, all fine hop land, 50 acres in crops, most of balance in timber, good hop house, \$67.50 per acre, \$2000 cash, balance at 6 per cent. 40 acres 31/2 miles from town, land don't overflow and is well drained, 30 acres in crops, new small house, \$1500, 100 acres right at town, 19 acres in finest old hops, good hop house, 70 acres in crops, \$19,000; \$2000 cash, balance at 6 per cent. All of the above is river bottom land. Write for our prices of stock ranches and city property. Tripp, the land man, Brownville, Or, 2-23-1m

#### LOST.

Lost,-A pair of gold-rimmed child's spectacles, between Capital and Commercial streets Monday. Return to this office and receive suitable re-B-20-3t ward.

MUSIC STUDIOS.

Musical Studio, Associate teacher Western Conservatory, Chicago, Ill., Salem, Oregon, In the Gray block, atroot, room 3. Studio hours 9 to 12 and 2 to 5. B-19-16

The Seley Studies .- Thorough instruction, Interpretation and Harmony, company. Opera House Building, rooms 9 and 10. Residence phone Main 574.

11-2-11m

TALKING MACHINES,

Edison Phonographs and Records-Delivered free anywhere on receipt of full retail price; largest stock Edison records west of Rockies. send for circular, Peter Bacigalupi, 786 Mission street, San Francisco.

DERMATOLOGIST.

Emma B. Ashford-Graduate dermatologist and scalp specialist. Every blemish of the human face eradicated. Scientific facial and scalp massage. All work guaranteed. Eldblock, 3021/2 Commercialridge street. 3-1-1-m

WANTED-PEMALE HELP.

Wanted .- A waitress at the St. Churles Hotel, Albany. Apply at once.

Wanted-Five ladies for copying; permanent home work; \$3 to \$15 weekly. Call between 9 and 12, all week. Room 19, Eldridge Hotel, 3-19 3t\*

LIVERY AND SALE STABLES.

Red Front Stables-First-class livery, boarding and sale stables. Rubber tired buggies and fine driving stock. M. L. Harrod, proprietor, 271 Chemeketa street. Phone Main 73. 12-14-197

Feed Barn.-Special attention to transient teams. Parmers' patronage so a properly cooked, juicy steak. It gives licited. Waiting rooms for ladies a finish to any ment and is enjoyed by We also earry a full line of feed. all. My market supplies the best Located at Club Stables, corner Liberty and Ferry streets Phone Main 7. Prunk & Darby. 18-14-0m

MIRCELLANEOUS.

For Sale.—Dirt, suitable for lawns and Salem Iron Works-Founders, machin- Dr. W. L. Mercer,-Graduate of Kirks ists and blacksmiths. Manufacturers of all kinds of sawmill machinery. Hop and fruit drying stoves, etc. Manufacturers of the Salem Iron Works Hop Press. 11-29-1m

> totel Scott-Newly furnished, every thing clean and first class. Rooms at reasonable prices, in Cottle block, Salem. A. Scott, prop. 7-6-tf.

lay-Have you tried H. H. Pauls for meate? He has the best sansage in town. Come and try it, and be convinced, 410 East State stret.

Wanted.-Turkeys, goese, ducks, chick one and all farm produce, Highest cash price paid for same. Capital Commission Company, 267 Commer cial street. Telophone 179.

A Good Investment.-Some one with \$1250 can loan that amount on firstclass real estate security, at a good rate of interest, Address "M, G. F," care Journal.

clean or dye them, and mave you a new suit, press and repair, reline, furnish buttons. The most delicate fabrics can be cleaned by her dry cleaning method without injury. It does not shrink or change its color. Commercial street.

PLUMBERS.

Theo, M. Barr-Successor to Barr & Petnel, tinner and plumber. Hot air water and steam heating a specialty, Balom, Oregon.

Bernardi & Dunsford, Plumbers, steam and gas fitters. All kinds of plumbing supplies. No. 59 State street. Phone 118 Main,

BAKERIES.

Capital Bakery,-Fresh bread, ples and eakes daily, candies, nuts, etc. Dolivery made to any part of the city. C. Ullom, proprietor, 439 Court St.

TONSOBIAL.

Byans' Barber Shop .- Everything new and up to date. Pincet porcelain baths. Shaving, 15s, haircutting 25e baths 25c. First class bootblacks. C. W. Evans, Proprietor.

VETERINABY SURGEON.

Dr. E. J. Young-Veterinary surgeon and dentist, 33 years' experience. A MASTER STROKE lem, Oregon,

CONCRETE AND CEMENT WORK. J. P. Veatch, contractor and builder of coment walks. Septic sewer tanks, representing Inter-State System at foundations and floors, 828 Marion 3-5-tf

LIFE AND ACCIDENT-The Travelers Insurance Co., John Knight sole agent. Room 14, Moores block, Salem. tion in music, Mr. and Mrs. Frances Nothing better, safer or cheaper in this co Seley, specialists in Voice Productine, for the high character of this 2.0.42

LODGES.

Foresters of America-Court Sherwood C. B.; A. L. Brown, F. S.

Central Lodge No. 18, E. of P.—Castle Hall in Holman block, corner State and Liberty streets. Tuesday of each week at 7:30 p. m. J. G. Graham, C. C.; W. L. Staley, K. of R. and S.

Modern Woodmen of America.-Ore gon Cedar Camp, No. 5246. Mosts every Thursday evening at 8 o'clock, Holman Hall, W. W. Hill, V. C.; F. A. Turner, Clerk.

Woodman of World .- Meet every Friday night at 7:30, in Holman Hall. A. J. Basey, C. C. P. L. Prazier,

1-10-tf elerk.

A NICELY COOKED STEAK Nothing else is quite so entisfying as

steaks, chops or roasts in Salem.

E. C. CROSS, State St. Market, \_ . Phone 291 OSTEOPATES.

vile, Mo., under founder of osteo-pathy. Rooms 25-26 Breyman bldg. Commercial St., phone 919. Resi-dence 419 N. Summer st., phone 614. Treats acute and chronic diseases. Examinations free

Dr. B. H. White,-Graduate of Kirksvilel, Me., under founder of osteo-pathy. Room 31 Breyman bldg., Commercial et., phone 87. Residence 590 State, esc. Church, phone 1116. Treats acute and chronic diseases. Examinations free.

Hop Les Co. Laundry-Best work done with latest improved machinery, Satisfaction guaranteed. Opposite Witlamette Hotel, Salem. 2-28-42

PHYSICIAN AND SURGEON.

Dr. Cartwright-Has resumed general practice, and will be found in room 16, over Ladd & Bush's bank, Office hours 11 s, m, to 4 p, m, Office phone Main 16, residence phone Main 107, 12-20 tf

ABCHITECT.

W. D. Pugh-Architect and superistendent, plans furnished for all classce of building and structural work. Office 116 State street, Tioga block, Salem, Oregon.

SASH AND DOOR PACTORIES. It is next to The Journal office, 221 Frank M. Brown-Manufacturer of sash, doors, mouldings. All kinds of house finish and hardwood work. Front street between State and Court

WATER COMPANY.

SALEM WATER COMPANY OFFICE CITY HALL.

For water service apply at office. Bills payable monthly in advance. Make all complaints at the office.



All work guaranteed. Difficult surgical In fine laundry work we lay on every operations a specialty. Phone 581, article laundried by us, whether it be Office at Club Stables. Phone 7, Sa lines or Madras, white or colored shirt, collar, ouff, woolens, shirtwaists, or lace curtains. Our laundry work is unappreachable in point of beauty, in finish, in color and conscientions care. We win approbation by giving satisfaction and peerless work at low prices. Your patronage solicited.

SALEM STEAM LAUNDRY

Colonel J. Olmstand, Proprietor Dorous D. Olmstead, Manager, Phone 25. 136-166 Liberty Bt.

FOR SALE

Fifteen scree, all in cultivation, within one mile of Salem. House, Foresters, No. 19. Meets Tuesday in barn, and 3 acres of fruit. This is the Hurst hall, State street. U. S. Rider, finest kind of river bottom land and can be had on very easy terms for ony \$2000.

Don't forget our COOS HAY LOTS for \$35,00. Buy one and is a few years it will make you some money.

Derby and Willson

BRICK

Brick furnished in large or small quantities. Premed brick made to order. Yard on State street, south of Penitentiary.

> SALEM BRICK YARD. A. A. BURTON, Prop.

The Fashion Stables

Formerly Simpson's Stables. Up to date livery and cab line, Funeral turnouts a specialty. Tally-ho for picnies and excursions. Phone 44. Chas, W. Yannke, Prop. 247 and 249 High Street.

**NEW LANGE HOTEL** 

When you visit Portland, Ore., be sure and stop at The New Lange Hotel, next door to the Imperial. Rates 50s, 75e and \$1.00 per day. Electric lights, call bells, elevator, steam heat, free bath and free bus. All outside rooms with running water

U. J. LEHMAN

Sash and doors. All kinds of house anishing. 'Phone 131 black. Also two Goors of warehouse for reut; ele-ator and switching facilities.